

Sample menu from the diner at bentwaters

Spicy Mexican bean and tomato
Chunky chicken and vegetable
Sweet corn chowder
Carrot orange and coriander
Cream of celery potato and Stilton

Baguettes, 12 inch filled with salad and various fillings

Tuna mayo
Chicken mayo
Prawn mayo
Spicy chicken
Breakfast, sausage, bacon and egg
Cheese and pickle
Egg mayo and cress

Jacket potatoes filled with

Prawn mayo
Cheese and beans
Tuna mayo and sweet corn
Chilli con carne
Coronation chicken

Light lunches and salads

Smoked mackerel and horseradish pate, gherkins and soda bread
Stilton and butterbean pate, toast and rocket
Spiced caramelised beetroot walnut and feta salad
Tabbouleh salad
Vegetarian antipasti salad with olives roasted peppers artichokes and mozzarella
Doorstep welsh rabbit with chips and salad
Various ploughmen with crusty baguette

Vegetarian dishes

Fruity chickpea tagine with olive and almond couscous
Mushroom courgette and leek fricassee with rice
Spanish style frittata with salad and coleslaw
Root vegetable red wine and caraway casserole with cheese and soda bread
Mushroom and broadbean ragu with spaghetti and Parmesan
Spicy vegetable nasi goreng, fried egg and garnishes
Macaroni cheese with spring onion and sundries tomato

Main courses

Chicken and mushroom pie new pots and veg
Pork and sage meatloaf red onion gravy and mash
Chicken curry, rice, raita and naan
Steak and ale pie chips and veg
Pork and bean goulash, rice and braised red cabbage
Chilli con carne rice cheesy nachos and sour cream
Tuna pasta bake with salad and crusty baguette
Homemade Scotch egg, chips and salad
Roast pork and all the trimmings